National Older Americans Month

The Brea Senior Center is honoring Older Americans Month with a variety of informative sessions and fun events. You are invited:

- **5/5 – 11 am**
  Emergency Preparedness for Older Adults
- **5/7 – 10 am**
  Caregiver Resource Center—St. Jude Medical
- **5/12 – 1 pm**
  Home Safety Checklist
- **5/13 & 14 – 1 pm**
  Safe Driver Class—OAP
- **5/14 – 11 am**
  Healthy Heart—CareMore Medical
- **5/19 – 9 am**
  Mini Health Fair—American Geriatric
- **5/20 – 10 am**
  Dessert Social—Anthem Blue Cross
- **5/21 – 10 am**
  Ice Cream Social—Kaiser Permanente
- **5/26 – 11 am**
  Fall Prevention—Reverse Mortgage Educators
- **5/28 – 11 am**
  Healthy Habits—Alzheimer’s Association OC

**FREE Mini Health Fair**

**Tuesday, May 19 / 9 am-12 pm**

Enjoy refreshments and receive an array of resources designed to promote the health and well-being of seniors. Screenings include glucose, blood pressure, fall assessment, mental health, and oxygen saturation testing. Sponsored by American Geriatric

**714-990-7750**
BreaSeniorCenter.com
Fire Department & Public Works

Open House

Saturday, May 9
10 am - 2 pm

545 & 555 Berry Street
(between Lambert and Central)

Visit our place and learn how to make a difference at your place! Get lots of home safety and environmental tips.

- Equipment Displays
- Demonstrations
- Refreshments
- Giveaways
- Prize Drawing
- Live Band: FlipOut

CityofBrea.net • 714-990-7691
Lifeguard Training Course
Fee: $190 (includes book, CPR mask and whistle)
August 14-16
Friday • 4-8 p.m.,
Saturday and Sunday • 8 a.m.-3 p.m.

Jr. Lifeguarding Program (ages: 11-14)
Fees: $105 (includes shirt, booklet and folder)
Tuesdays and Thursdays,
July 14-August 13 • 7:30-9 p.m.

Adult Learn-to-Swim Class
Fee: $60 per Session (5 Saturday classes)
SESSION 1, Level 1
June 27-July 25
11 a.m.-12 p.m.
SESSION 2, Level 1
August 1-29
11 a.m.-12 p.m.

Aqua Aerobics
Fee: $5 drop-in
Tuesdays and Thursdays,
June 23-August 27 • 8-9 a.m.
Saturdays,
June 27-August 29 • 10-11 a.m.

Open Registration: June 15, 8 a.m.
Open registration for ALL sessions available until classes fill.
ONLINE: CityofBrea.net/thePlunge
IN PERSON: Brea Community Center, 695 E. Madison Way, Brea
For more information, call 714-529-6233
The Brea Plunge
440 S. Walnut Ave
(off Brea Blvd in City Hall Park)

Children Swim Sessions
June 22-August 28

<table>
<thead>
<tr>
<th>Session 1</th>
<th>Session 2</th>
<th>Session 3</th>
<th>Session 4</th>
<th>Session 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>6/22-7/3</td>
<td>7/6-7/17</td>
<td>7/20-7/31</td>
<td>8/3-8/14</td>
<td>8/17-8/28</td>
</tr>
</tbody>
</table>

Fee: $60 each Session

REGISTRATION INFORMATION FOR ALL CLASSES

PRE-REGISTRATION FOR BREA RESIDENTS:
June 6 • 9 a.m.-12 p.m.
Brea Municipal Plunge, 440 S. Walnut Ave., Brea

Please bring proof of Brea residency. Line placement numbers distributed at 8 a.m. Only one registration form accepted per number. Only one registration form per household. Registration for Adult Learn-to-Swim Class, Jr. Lifeguarding and Lifeguard Training will be separate from the Children Swim Sessions registration.

Recreational Swim: June 22-August 30
$2 per person (all ages)
Monday-Friday 1:30-3:30 p.m.
Saturday & Sunday 12:30-3:30 p.m.

Wednesday Night Swim ($2)
July 8-August 19 • 6:30-8:30 p.m.
(during Concerts in the Park)

Independence Day Swim ($2)
Saturday, July 4 • 12-3 p.m.

Labor Day Swim ($2)
Monday, September 7 • 12-3 p.m.

714-529-6233 • CityofBrea.net/thePlunge